



JAPAN HERITAGE

日本遺産

祈る皇女  
斎王の  
みやこ 斎宮  
日本  
遺産

## 日本遺産のまち 明和町

天皇に代わり伊勢神宮の天照大神に  
仕えた未婚の皇族女性、斎王。

制度が続いたおよそ660年の間、

伊勢へと旅立つ斎王に選ばれたのは、

60人あまりいたとされています。

生まれ育った京の都を後にして、

伊勢へ来た斎王たちが日常を過ごしたのが、

斎王のみやこ 斎宮です。

地元の人々によって神聖な地として

守られてきた斎宮とその物語は、

平成27年4月24日、「祈る皇女斎王のみやこ 斎宮」として、

文化庁の「日本遺産」に認定されました。



# ◆ 日本遺産の構成文化財 ◆

## ◆ 齋王の始まり ◆

### 1 大淀

鎮座の地を求める旅、えにしを紡ぐ、大淀の海



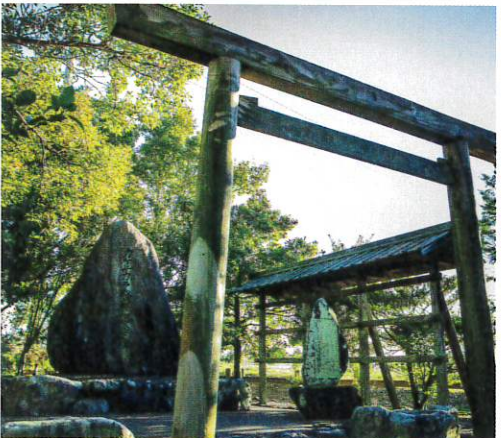
### 2 佐々夫江行宮跡

大淀に御船をとどめた伝説の地、佐々夫江の宮



### 3 カケチカラ発祥の地

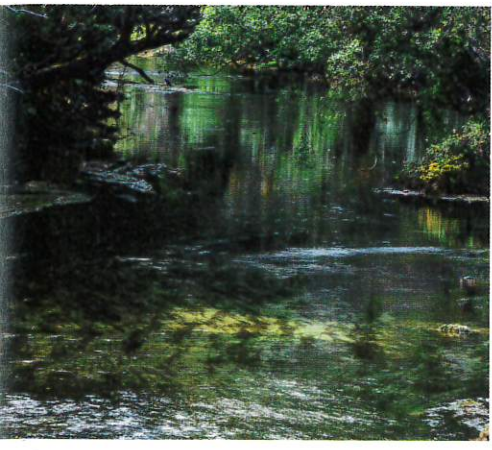
稲東に国の繁栄願い、祈りを結ぶ、カケチカラ



## ◆ 都から齋宮へ ◆

### 4 祓川

祓川の流れて清めれば、身も心も大神のもとへ



## ◆ 祈る齋王 ◆

### 5 齋王尾野湊御禊場跡

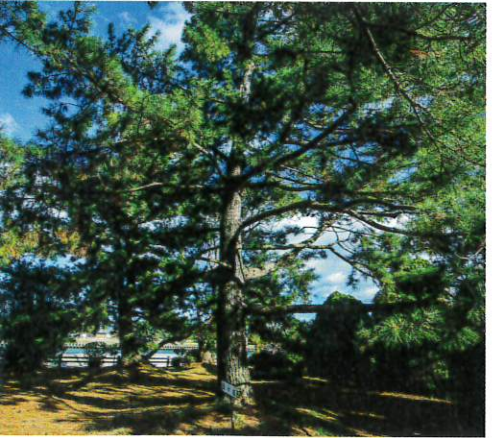
浜での禊も今は昔、青空のもと、尾野湊御禊場跡



## ◆ 齋王と王朝文学 ◆

### 6 業平松

はかない恋物語を今に伝える、業平松



7 たけがわ はなぞの  
竹川の花園

斎宮での日々を心癒した、竹川の花園



8 斎宮での暮らし  
斎宮跡出土品

都の暮らしに思いを馳せ、時を刻む、伊勢のみやこ



〈斎宮歴史博物館蔵〉

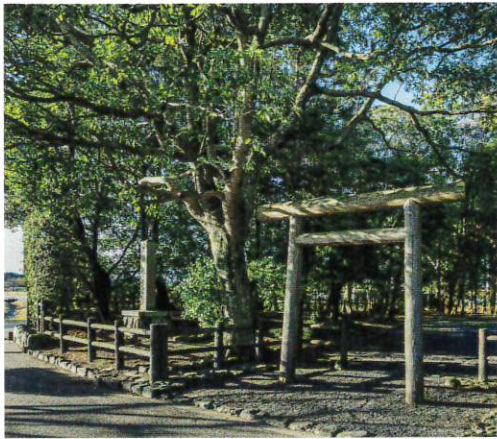
9 斎王の解任  
隆子女王の墓

人里離れた緑の中で、悲しみをたたえる、隆子女王の墓



10 幻の宮  
斎王の森

柔らかな木漏れ日が、みやこの記憶を包む、斎王の森



11 竹神社(野々宮)

斎王の祈りを宿し、悠久のときの狭間にたえず竹神社



12 蘇る斎宮  
斎宮跡

未来に続け、斎王のみやこ蘇る幻の宮



# 斎王のみやこMAP



平安時代の斎宮の建物を復元



史跡公園「さいくう平安の杜」

斎宮の貴重な資料を展示



斎宮歴史博物館

斎宮跡の全景が実感できる模型



10分の1史跡全体模型

平安装束に身を包み王朝時代の体験を



いつきのみや歴史体験館



## 日本遺産斎宮ガイドアプリリリース!

iPhone・Android対応

スマホを使って、日本遺産「祈る皇女 斎王のみやこ 斎宮」を学んで、歩いて、楽しもう!

ほかにも、観光施設情報など、斎宮観光をもっと楽しくするコンテンツが充実!

**今すぐスマホでダウンロード!**

注:データ容量が大きいので、Wi-Fi環境でダウンロードしてください。

iPhone用



Android用



外国語※にも対応!

※英語・中国語(簡体字・繁体字)・韓国語

日本遺産 斎宮ガイド





# Saiku : The Palace of Saio

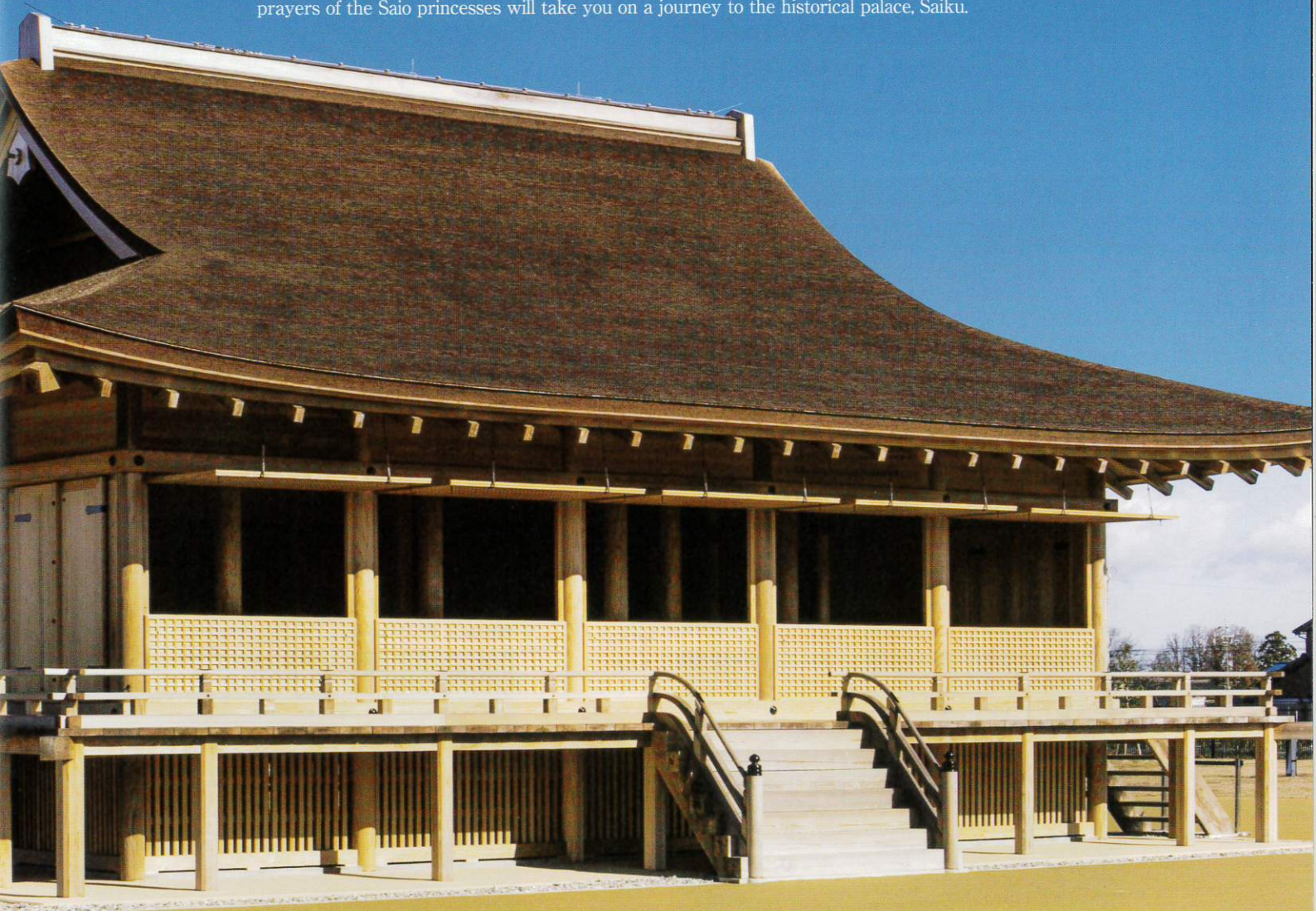
JAPAN  
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## - the Imperial Princess Prays

## An introduction to the Tales of Saio Palace

The Saio was an unmarried woman from the Imperial Family who served Amaterasu-Omikami (the Sun Goddess who was believed to be an ancestor of the Imperial Family) of Ise Jingu on behalf of the emperor. It is said that over 60 princesses were selected as Saio to set off for Ise during the 660 or so years the system was maintained. The Saio would leave Kyo (the capital), where she was born and raised, to live in Ise and spend her everyday life in Saiku, the palace of the Saio.

Saiku, which has been preserved by the local people as a sacred place, and its related stories were designated as a Japan Heritage by the Agency for Cultural Affairs of Japan under the title of "Saiku: The Palace of Saio - the Imperial Princess Prays" on April 24, 2015. The tales of the prayers of the Saio princesses will take you on a journey to the historical palace, Saiku.



# ❖ Cultural properties in the Japan Herita

## ❖ Beginning of Saio .....

### 1 Ōyodo

On the journey to seek a place of enshrinement, a relationship began at the sea of Ōyodo



## ❖ Saio prays .....

### 5 Site of Saio Ononominato Purification Ceremony

The ancient Saio purified herself at this beach which is the remaining site of the Ononominato Purification Ceremony where blue skies spread.



## ❖ Release from Saio .....

### 9 Grave of Princess Takako

In a remote area surrounded by greenery, the Grave of Princess Takako has an atmosphere full of sorrow



### 2 Site of Sasafue Angu (temporary royal palace)

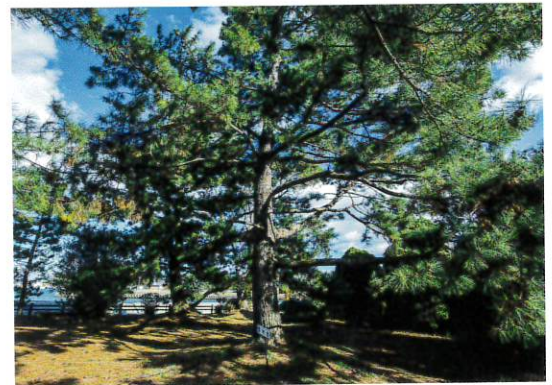
Palace in Sasafue, a legendary place where the princess's ship was anchored



## ❖ Saio and dynastic literature .....

### 6 Narihira's Pine

Narihira's Pine's sad love story



## ❖ Lost palace .....

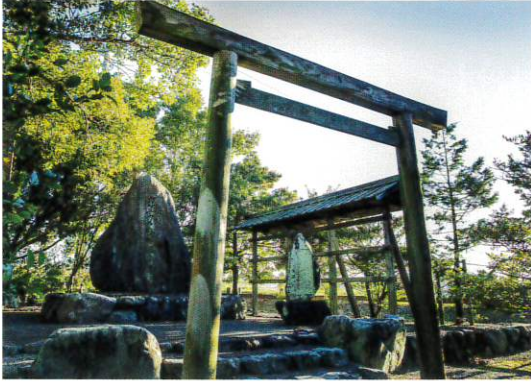
### 10 Saio Woods

Soft sunlight filtering through trees is cast on the memory of the palace in Saio Woods



### 3 Birthplace of Kakechikara offering

Kakechikara, bundled rice, was hung as an offering for the prosperity of the country to Ise Jingu.



### 7 Monument at Takegawa no Hanazono

Saio alleviated herself from in Saiku at Takegawa no Hanazono



### 11 Take Shrine (Nonomiya)

The prayers of Saio have remained in Take Shrine over a long period of history



### ◆ From the capital to Saiku

### 4 Harai River

Once the body and mind were purified in the Harai River, the Saio was ready to approach the deity



### ◆ Life in Saiku

### 8 Articles unearthed from Saiku-ato site

While reminiscing about her days in the capital, the Saio led her life in the palace in Ise.

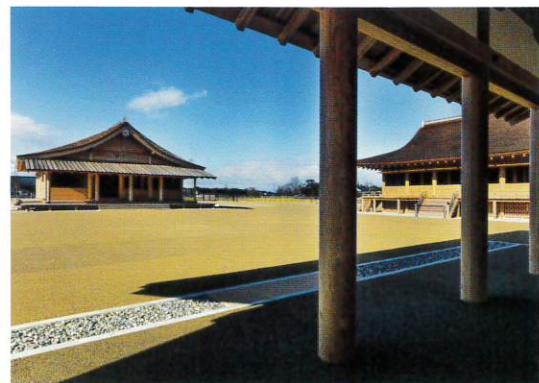


〈Saiku Historical Museum〉

### ◆ Restoration of Saiku

### 12 Saiku-ato site

Saio's lost palace has been restored for the future



# The Palace of Saio MAP



Buildings of Saiku in the Heian period were reproduced



Historic Park "Saiku Heian Era Park"

Precious materials on Saiku are displayed



Saiku Historical Museum

The model provides a panoramic view of the Saiku-ato Site



1/10 Scale model of the Saiku-ato Site

Try on a costume of the Heian period to experience the era of dynasty



Itsukinomiya Hall for Historical Experience



## Guide to the Japan Heritage, Saiku

Use your mobile device to learn, walk, and enjoy the Japan Heritage "Saiku: The Palace of Saio - the Imperial Princess Prays"

Tourist information and so much more!  
Make your visit to Saiku even more fun!

**Download the app now!**

Caution: Downloading via Wi-Fi is recommended due to the app data size.

App Available!

For iPhone/Android



For iPhone



For Android



Supports foreign languages!※  
※English, Chinese (simplified, traditional), Korean

Japan Heritage Saiku Guide

Japan Heritage Utilization Promotion  
Council of Meiwa Town  
(Office: Saiku-ato Culture and Tourism Division,  
Meiwa Town, Mie Prefecture)

Agency for Cultural Affairs  
This brochure has been prepared as part of the Japan  
Heritage Promotion Project Initiative.